

## All items on this menu need to be pre ordered before school or at morning tea.

### Hot Food

**Butter Chicken— \$6.50** Chicken breast in a mild creamy homemade sauce. Served over basmati rice

**Spaghetti Bolognaise—\$6.00** Homemade lean beef bolognaise sauce served over penne pasta.

#### **Panini—\$4.50**

Ham—Ham, cheese & pineapple

Chicken—Chicken, cranberry & camembert

Vege—Caramelised onion, spinach, pumpkin, relish & cheese.

#### **Burgers—\$5.00**

Chicken or falafel. Served with lettuce, cheese, tomato & mayo, inside a artisan ciabatta bun.

#### **Nachos (GF) - \$5.00**

Corn chips topped with chilli beans, cheese & sour cream.

#### **Pizza—Lunch size—\$5.00**

Chicken & cranberry, Vege or BBQ bacon.

### Hot Food—continued

**Pumpkin & Feta fritters—\$6.00** Served with baby spinach, relish & sour cream.

#### **Soup—\$3.00**

Pumpkin **OR** Country Vegetable **OR** chicken & corn.

**Fried Rice—\$5.00** Egg **OR** Chicken. Filled with rice and vegetables.

**Wedges—\$3.00** Oven baked and served with sauce. **OR** add the works—bacon, cheese & sour cream **\$5.00**

**Waffles—\$6.00** Served with bacon & berry compote.

### Cold Food

#### **Turkish Wraps—\$5.00**

Chicken, ham or falafel. Lettuce, carrot, cheese & sweet chilli mayo.

#### **Sandwiches—\$4.50**

Chicken, ham, bacon or vegetarian with salad, cheddar & mayo.

**Simple 2 filling sandwich—\$3.00**

### **Salads—\$6.50. Served in a noodle box for convenience and easy eating.**

**Israeli couscous—**roasted pumpkin, spinach, marinated red pepper & caramelised onion.

**Caesar—**Chicken, bacon, croutons, parmesan, salad greens & Caesar dressing.

**Turkish—**Falafel, iceberg, carrot, cheddar & sweet chilli yoghurt dressing.

**Classic Kiwi—**Chicken or ham, ice burg, carrot, tomato & cucumber with either balsamic dressing or mayo.

# Paraparaumu College—Pavilion Cafe

## Snacks

Available over the counter

		Cookies	Small	\$1.50
Filled roll	\$4.00		Large	\$2.50
Wraps	\$4.00		Gluten free	\$3.00
Pies	\$4.00	Bumper bars		\$2.50
Sausage rolls	\$3.00	Bliss balls (GF)		\$2.50
Spinach & ricotta rolls	\$3.00	Sugarfree mints tin		\$3.50
Handmade Pizza slice	\$2.00	Juicies		\$1.00
Readymade salads	\$4.50	Moosies		\$1.30
Hash browns	\$1.00	Fruzo		\$2.00
Fruit	\$1.00			
Slices & cakes	\$2.00			
Chilli & Lime cashews	\$3.50			
Garlic bread	\$1.50			
Crisps	\$2.00			
Corn chips	\$2.00			
Noodles	\$2.50			

**Our aim is to offer a variety of healthy choices at a reasonable cost. In addition to the menu we endeavour to have new items daily on the blackboard outside the canteen. We encourage pre-ordering of lunch, so not to be disappointed when the queue is long and the demand exceeds supply.**

## Drinks

H2Go	750ml	\$3.00
	300ml	\$2.00
H2Go	flavoured	\$3.50
Juices	apple, orange	\$3.00
Iced tea		\$3.50
Smoothies	-berry or trop	\$3.50
Carton milks		\$1.50
	Or two for	\$2.50
Large flavoured milks		\$3.50
Ovi—berry, peach, citrus		\$3.00

### We are open:

8:30am—school start  
(Thursday from 9:15am)

Morning tea

Lunch until 2:15pm

**Paraparaumu College—Pavilion CafEé**